
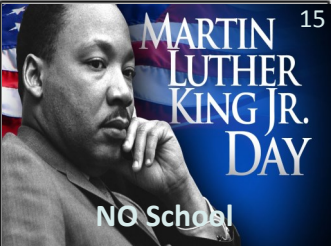


WCCUSD January 2018 Elementary Lunch Menu

Visit us on the web at www.wccusd.net

Menu subject to change

All Meals Served with 1% or Lactaid Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
 <p>1 (V) Cheese Wedge Pizza Slice (V) or Bagel w/Cream Cheese (V) or Grilled Cheese <i>Annie's Grahams</i> <i>Mango Peach Applesauce</i> 100% Paradise Punch Juice</p>	<p>2 (V) Cheeseburger Slider or (V) Cheese Bites w/Marinara or (V) Caesar Salad <i>Baby Carrots</i> <i>Seasoned Corn Side</i> 100% Fruit Punch Juice</p>	<p>3 Kahuna Double Dog or (V) Mac & Cheese or (V) Fruit & Cheese Plate <i>Grapes</i> <i>Cucumbers</i> <i>Garden Salsa Sunchips</i></p>	<p>4 Beef Chimichangas or Chicken Caesar Salad or (V) Veggie Taco Boat <i>Mandarins</i> ☆ <i>Lettuce & Cheese</i> <i>Danimals Vanilla Yogurt</i></p>	<p>Calories 625 Total Fat 18.5g Sat. Fat 6.2g Fiber 7.8g Sodium 981mg</p>	
<p>8 ☆ Mini Maple Waffles or (V) Spaghetti w/Marinara or (V) Snack Pak Sports Bites <i>Danimals Strawberry Yogurt</i> <i>Plain Applesauce</i> 100% Paradise Punch Juice</p>	<p>9 ☆ Chicken Corn Dog or (V) All American Hamburger or (V) Yogurt & Granola w/Peach <i>Banana</i> <i>Jicama w/Tajin</i> <i>Cheddar Sunchips</i></p>	<p>10 (V) Cheeseburger Meatloaf w/Mashed Potato or (V) Mini Cheese Bagel Pizza or (V) Caesar Salad <i>Mandarins</i> <i>Carrot Coins w/Tajin</i> <i>Scooby Doo Cracker</i></p>	<p>11 Chicken Tenders & Corn or (V) Bean & Cheese Burrito or (V) Fruit & Cheese Plate <i>Goldfish Crackers</i> <i>Cucumbers</i> 100% Grape Juice</p>	<p>12 Chicken Tamale or (V) BBQ Beef Twin Sandwich (V) or Garden Salad ☆ <i>Green Apple</i> <i>Refried Beans</i> <i>Grandma's Chocolate</i> <i>Chip Cookies</i></p>	<p>Calories 652 Total Fat 17.0g Sat. Fat 5.5g Fiber 9.0g Sodium 979mg</p>
 <p>15 ☆ Chicken & Rice Burrito or (V) French Toast or (V) Snack Pak Sports Bites <i>Mango Peach Applesauce</i> 100% Paradise Punch Juice <i>Danimals Vanilla Yogurt</i></p>	<p>16 Mini Teriyaki Chicken or Chicken Caesar Salad or (V) Cheese Pizza in a Box <i>Grapes</i> ☆ <i>Carrot Coins w/Tajin</i> <i>Cheez-It Crackers</i></p>	<p>17 (V) Beef & Cheese Taco Stick (V) or Veggie Chili w/Rice (V) or Fruit & Cheese Plate <i>Banana</i> <i>Seasoned Corn Side</i> <i>Cool Ranch Doritos</i></p>	<p>18 Teriyaki Chicken w/Rice or Chicken Caesar Salad or (V) Bagel w/Cream Cheese <i>Mandarins</i> <i>Jicama w/Tajin</i> <i>Annie's Grahams</i></p>	<p>19 Calories 646 Total Fat 20.3g Sat. Fat 5.7g Fiber 10.0g Sodium 860mg</p>	

Meal Price:

Full Price—2.25 Reduced—No charge
 Adult—\$3.50 Milk ala Carte—\$0.50

Menu Key:


(V) Meatless Option (P) Contain Pork
 (B) Contains Beef ☆ New Item

All Meals Served Daily With: A Choice of 1% or Lactaid Milk
 Choice of Fruit or 100% Fruit Juice
 All Bread Grains are Whole Grain

* Side Dishes are Italicized: Students Can Choose All Sides



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKLY AVERAGE
22 (V)★ Veggie Eggrolls or (V) Mini Cheese Bagel Pizza (V) or Snack Pak Cheez-It <i>Honey Roasted Sunflower Seeds</i> <i>Mandarins</i> <i>100% Paradise Punch Juice</i>	23 Chicken Corn Dog or Spaghetti w/Meat Balls or (V) Yogurt & Granola w/Peach <i>Grapes</i> <i>Seasoned Corn Side</i> <i>Cool Ranch Doritos</i>	24 Chicken Tenders & Corn (V) or Veggies Twin Burger (V) or Chicken Caesar Salad <i>Banana</i> <i>Cucumbers</i> <i>Despicable Me Honey Graham</i>	25 ★ Chicken Salad Wedge Sandwich or (V) Grilled Cheese or (V) Garden Salad <i>Fresh Apples</i> <i>Jicama w/Tajin</i> <i>Cheddar Sunchips</i>	26 (V)★ Pepperoni Wedge Pizza or Super Beef Burrito★ (V) or Caesar Salad <i>Mandarins</i> ★ <i>Carrot Coins w/Tajin</i> <i>Grandma's Chocolate</i> <i>Chip Cookies</i>	Calories Total Fat g Sat. Fat g Fiber g Sodium mg
29 (V)★ Cheese Pizza in a Box or (V) Bagel w/Cream Cheese or (V) Snack Pak Sports Bites <i>Annie's Grahams</i> <i>Mandarins</i> <i>100% Paradise Punch Juice</i>	30 ★ Chicken & Rice Burrito or (V) French Toast or (V) Garden Salad <i>Annie's Grahams</i> <i>Mango Peach Applesauce</i> <i>100% Paradise Punch Juice</i>	31 (V)★ Cheeseburger Slider or (V) Cheese Bites w/Marinara (V) or Caesar Salad <i>Baby Carrots</i> <i>Seasoned Corn Side</i> <i>100% Fruit Punch Juice</i>			

January is National Soup MONTH



**What is your
Favorite Soup?**

Keep yourself warm in the winter with a bowl of warm comforting soup!

*"Soup is a lot like a family. Each ingredient enhances the others; each batch has its own characteristics; and it needs time to simmer to reach full flavor."
-Marge Kennedy*



Check Out Our New Website:

- Step 1** www.wccusd.net
- Step 2** **Departments**
- Step 3** **Food Services**

Go Paperless and Sign up for email reminders when new menus are available.