

The Hanna Ranch Cougar

November, 2018



Dads Club

Dads do things differently than moms, and that can be good for children. **Dads offer a unique perspective** on everything from yardwork to grocery shopping. Why not take this unique perspective into the classroom? Research has uncovered the positive effects that dads have on their **children's development and learning**, such as school readiness and improved social emotional skill; (NAEYC) Hanna Ranch is interested in starting a Dads Club to help increase student academic proficiency and social awareness. There is really not much to it. We meet 3 times a year, invest time in the classroom and the playground, meet and play with the kids at lunchtime or recess. In addition, we know that families are cool in their own ways. So, if you are a grandfather, uncle, or person of importance, then you qualify! As a matter of fact, the Dads Club is open to anyone who is a positive force in a child's life. More information to come....

Mr. Santiago's Corner

Dear Families,

"Hey Mr. Santiago, how come the kids walk in the morning?" Great question!

Outside of the fact that exercise and endurance are two important aspects of physical education, research has shown that students who walk or have 15 minutes of rigorous exercise tend to have **15% more focus** when they are in their classrooms. In addition, several cultures around the world exercise prior to initiating work. Research states that exercise increases **effectiveness** in the workplace. At Hanna Ranch we take advantage of all learning opportunities both in and out of the classroom. Moreover, with the nation facing a steep rise in **overweight children and Type II diabetes**, the morning stroll employs the physical activity that helps fight off both of these attributes.

"A problem is a chance for you to do your best" – Duke Ellington

Uniforms Every Day!

When we are all in uniform we look good. Uniforms promote **safety, equality**, and take the focus off of who has the latest new gear and places it back on education (it also **improves focus**). Fridays are Spirit Days and students may either wear their uniforms or Hanna Ranch spirit shirts. On the last Friday of the month they can wear their college/career gear. If you need help acquiring a uniform or spirit shirt, please see Mr. Santiago for assistance. Partners in Education

- By wearing a uniform dress code, students can find other means to showcase their creativity.
- At a very young age, school uniforms instill the spirit of teamwork and one feels proud to be a part of a school, if he/she represents the school for any occasion.
- Most importantly, uniforms are cost-efficient, as parents do not have to frequently spend on clothes for their children, thus benefiting them.

UPCOMING EVENTS:

11/2-11/8 MINIMUM DAYS
11/7 END OF TRIMESTER
11/9 HEARING TESTING FOR
K, 2ND AND 5TH
11/12 VETERANS DAY (NO
SCHOOL)
11/16 MINIMUM DAY
11/19-11/23 FALL BREAK (NO
SCHOOL)
11/30 REPORT CARDS

Building Character

Building confidence *through friendship, understanding and effort is an integral part of growing up. It begins and flows from the home* and develops throughout our children's lives. It is important that we arm our kids with a strong sense of confidence and self-worth. At Hanna Ranch we use the Building Effective Schools Together (BEST):

Be Responsible: Learn the knowledge you are given.

Be Respectful: Realize that the decisions you make effect you and others around you.

Be Safe: Know your surroundings.

Be Diligent: Never give up!

Hanna Ranch Rocks!